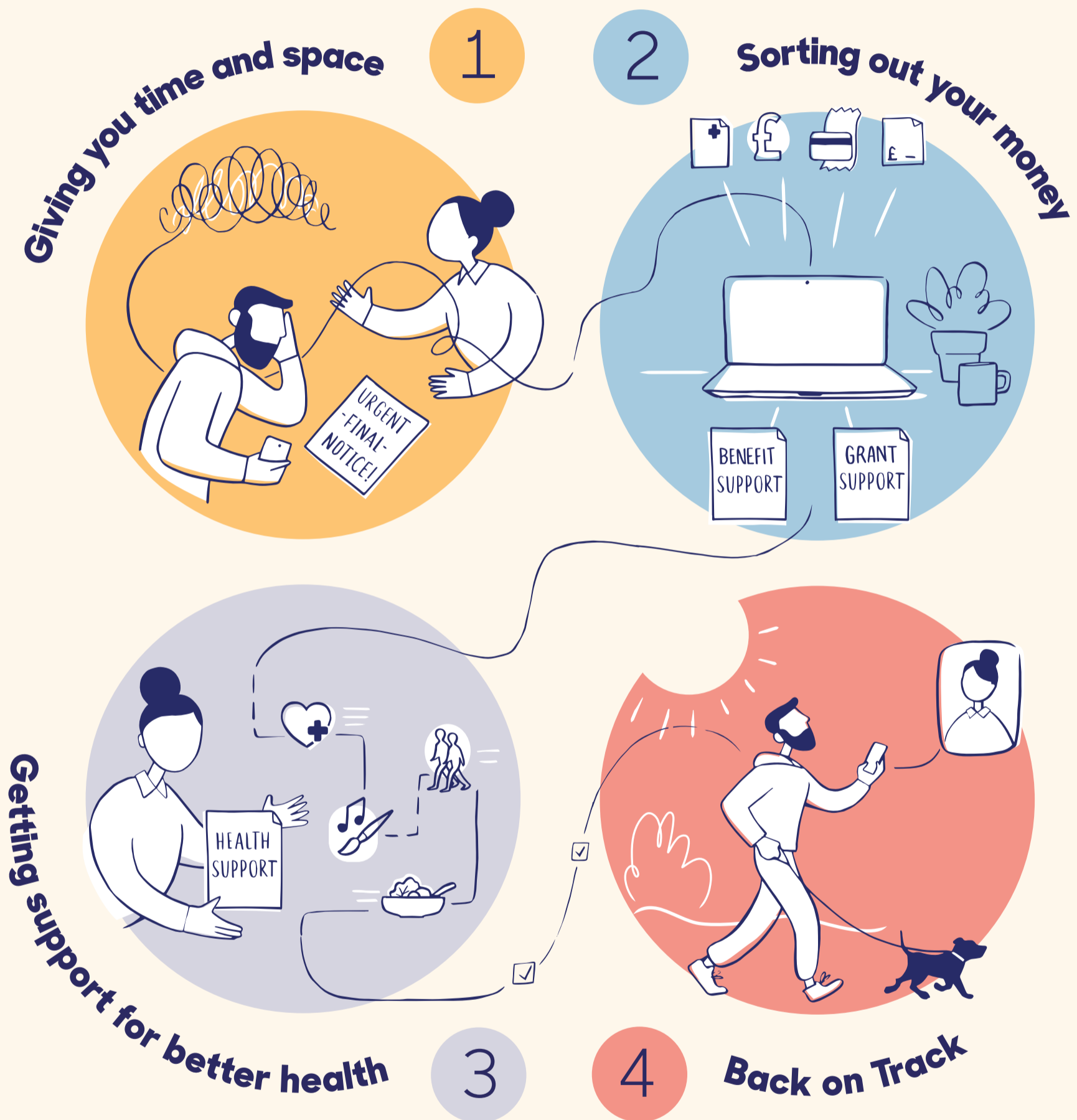


BACK on TRACK

A free and confidential 4 step programme for people with long-term health conditions and money worries.



In partnership with 

1 Giving you time and space. Our Back on Track experts will talk to you about any money worries you have. If needed, they can talk to people you owe money to, and can often stop enforcement action for debts for up to 60 days whilst we work with you.

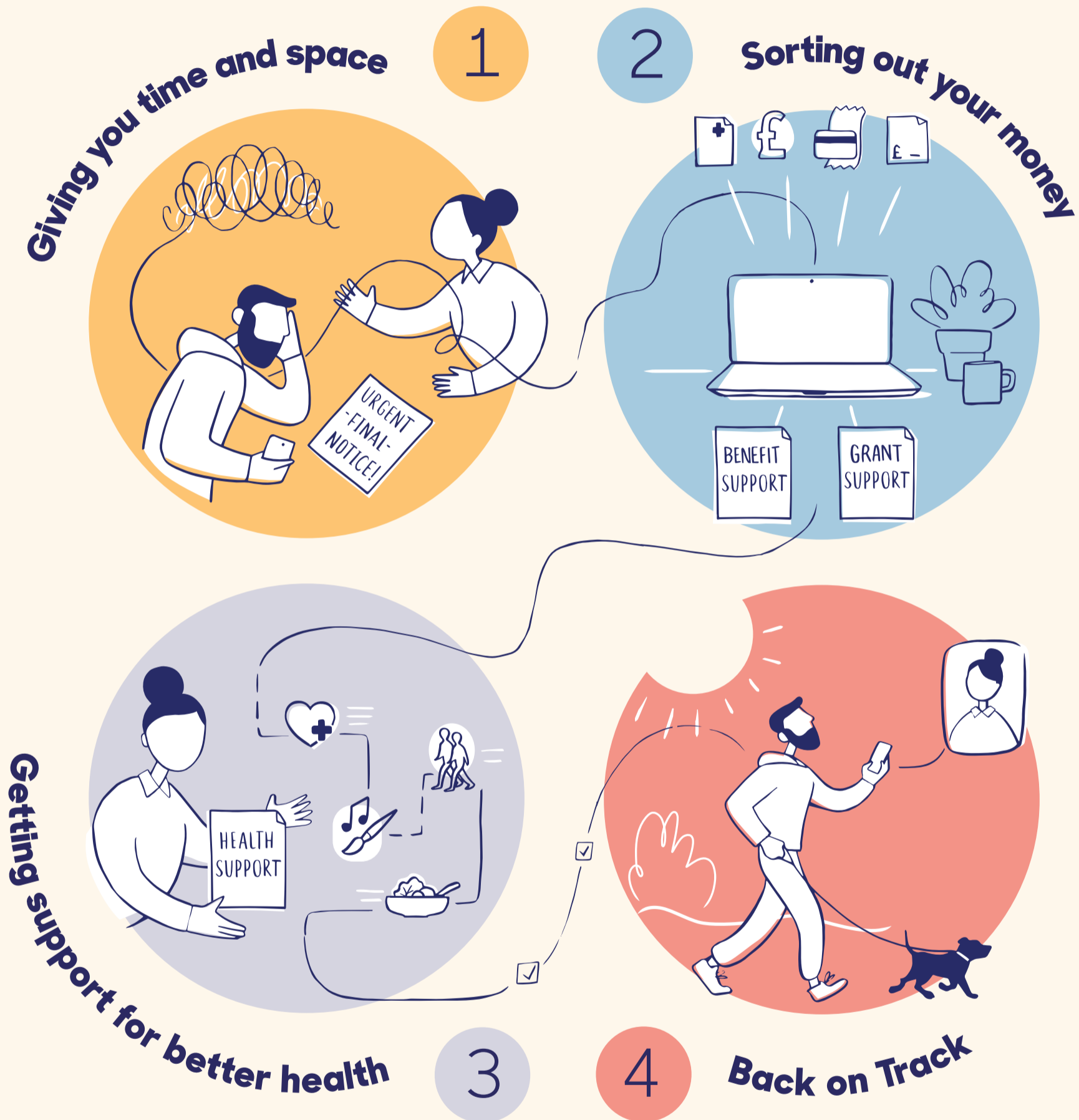
2 Sorting out your money. Our experts can help you claim benefits you are entitled to. They can also help get grants, including for essential items such as beds and cookers, especially if these would help you better cope with your health condition.

3 Getting support for better health. Whether you are living with mental or physical health conditions, Back on Track can put you in touch with a wide range of services to help. We can help you work out what support you most need and can put you in touch with the right services for you.

4 Back on Track. We'll check in on you to see how you're doing, to make sure that you can now afford your essentials and are coping better. Fewer money worries and the right support for your health condition. Now you're getting Back on Track.

BACKon TRACK

A free and confidential 4 step programme for people with long-term health conditions and money worries.



In partnership with  Southwark

- 1 Giving you time and space.** Our Back on Track experts will talk to you about any money worries you have. If needed, they can talk to people you owe money to, and can often stop enforcement action for debts for up to 60 days whilst we work with you.
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- 4 Back on Track.** We'll check in on you to see how you're doing, to make sure that you can now afford your essentials and are coping better. Fewer money worries and the right support for your health condition. Now you're getting Back on Track.